

**THE
FUNDAMENTALS
OF
COMMUNICATION**

**#2 Emotional
Learning**

**Intensive
Interaction**

Knowing that
others care,
learning to care

Enjoying being
with another
person -
connecting,
bonding

Attachment,
attunement

Self-security, to
feel safe,
secure, calm

Self esteem,
sense of self

To identify own
feelings and
see same in
others

To gradually
understand
feelings

Trust stuff etc.

Empathy,
knowing/caring
about how
somebody else
feels